



HOLIDAY HOMEWORK

CLASS-7

SESSION 2025-2026

English

1. Prepare speech on the topic - How to break the cycle of poor self-discipline. Time limit 2-3 minutes. It's a speaking activity of 5 marks and declamation topic also. The best orators will be the part of the declamation contest (in July) on the same topic.
2. Read a book of your interest. Draw its cover page (LHS page) and *write its review (RHS page) covering the following points (name of the book, its author/ publisher, the plot of the story, over-all impression of the book and why the book is worth reading)
3. Do the assigned Subject integrated activity. Detail is in the literature notebook.

Hindi

1. Revise the work done in the class.
2. Do half of "Shabad Bhandar"

Maths

1. Revise the work done in the class.
2. Solve the Questions of Ch-2 & 3 from the Workbook.
3. Draw a double bar graph by paper cutting showing your marks in any 5 subjects of Class-VI TERM-I and TERM-II (2024) in your activity file.



Science

- Physics
 1. Revise syllabus done in class
 2. Solve the workbook for the lesson 'Heat'
 3. Draw the diagrams in A4 sheet. The diagrams are-
 - Clinical Thermometer
 - Laboratory Thermometer
 - Conduction
 - Convection
 - Radiation
 - Sea Breeze
 - Land Breeze
 4. Activity- On a political world map, name, and mark 5 cities showing temperature
 - Chemistry
 1. Revise the work done in the class.
 2. Complete the notebook.
 3. Do Art Integrated activity as discussed in the class
 - Biology
 1. Revise the work done in the class and practice the diagrams in the rough notebook.
 2. Solve the workbook exercise for Ls "Nutrition in Plants"
 3. Write the question answers for lesson "Nutrition in animals"
- ***will be uploaded on e-care panel.



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Social Science

1. Revise the chapters done in the class.
2. Read the chapters thoroughly.
3. Do practice of diagrams.
4. Prepare a project in SCRAP BOOK on the implementation of "MIDDAY MEAL PROGRAM "First explore its origin, the problems, it's aim to address (malnutrition, hunger, low school attendance) and it's positive impact including increased school attendance, improved nutritional status, and better learning outcomes. At last, explore how the scheme working in Punjab (Red house students) Haryana (Green house students) Odisha (Blue house students) and Tamil Nadu (Yellow house students) including the role of volunteers, school staff, and local governments. Add relevant pictures in your project.

Sanskrit

Revise the work done in the class.

Punjabi

1. Revise the work done in the class.
2. Roll No. 1 - 22 Prepare a presentation on "Bhagat Puran Singh"
3. Roll. No. 23 - 44 Prepare a presentation on "Baba Buda Ji"

Computer

1. Revise the work done in class.

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